![C:\Users\hollyba\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\PSHJKEJF\FP25C_C_LargeHappyFace[1].jpg]()![C:\Users\hollyba\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\M3FQ7L8S\brain-1color[1].png]()Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I CAN TRAIN MY BRAIN!

|  |  |
| --- | --- |
| What I SHOULD tell my brain | What I SHOULD NOT tell my brain |
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| Learning is fun! | I am not that smart. | I’ll try a different strategy. |
| This is too hard so I give up. | I will keep working hard. | I will fail all of my tests.  |
| I believe in myself.  | I can’t do hard work. | I’ll learn how to do this. |