**COUNSELOR LESSON PLAN**

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| **Topic: Substance abuse****Duration: 30 minutes****Grade Level**: 5 |
| **ASCA COUNSELING STANDARDS / MINDSETS & BEHAVIORS** |
|  **Personal Social****PS:C1.8 Learn about the emotional and physical dangers or substance use and abuse****Mindsets & Behaviors****Demonstrate ability to delay immediate gratification for long-term rewards** |
| **OBJECTIVES/ESSENTIAL QUESTION** | **TERMINOLOGY** |
| **Students will identify the dangers of substance abuse.** | This will be student led based on video discussion/questions and comments. |
| **INTRODUCTION TO LESSON** |
| **Inform students that the class will be watching a movie and discussing the content afterward.** |
| **CONTENT KNOWLEDGE | INSTRUCTIONAL DESIGN**  |
| **TEACHER ACTIONS** | **STUDENT ACTIONS** |
| Show students “The Boy Who Was Swallowed by the Drug Monster” | Watch the movie |
| Inform the students that the movie is a true story written by Vince’s mother. Lead a discussion.-Why did Vince start using drugs in the first place?-What things happened to Vince that would have never happened if he didn’t try drugs?-How did the drugs change Vince? | Verbally respond to discussion questions |
| Allow for questions and comments. Reiterate that drugs change our priorities and connect that concept back to goal setting and wants.  | Ask questions and comment. |
| Provide an internet resource that students may reference to find out more information should they feel uncomfortable asking a question in class. An example in the PBS kids website listed below. |  |
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| **CLOSURE|CHECK FOR UNDERSTANDING** |
| Instruct students to write one or two sentences in response to the following question: What are some possible consequences of using substances such as drugs or alcohol.  |
| **AVID WICOR STRATEGIES UTILIZED** |
| Inquiry- asking questions about substance abuse |
| **RESOURCES** |
| Link to movie: <https://www.youtube.com/watch?v=XaBMhAWW3d0>Link to student-friendly website that provides further information on substances/substance abuse: <http://pbskids.org/itsmylife/body/drugabuse/> |
| **DIFFERENTIATED INSTRUCTION** |
| 1.Providing the use of technology2.Visual learners are supported by watching the video3.Conducting a discussion/review for students with comprehension issues and students that need auditory reinforcement4.Providing the PBS kids website to students who prefer individual self-directed learning, learning via the internet or information beyond the classroom discussion |
| **SUPPLEMENTAL LESSON AND RESOURCES** |
| Students can be directed to the PBS kids website listed above to find more information. |