**COUNSELOR LESSON PLAN**

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| **Topic: Substance abuse**  **Duration: 30 minutes**  **Grade Level**: 5 | | | |
| **ASCA COUNSELING STANDARDS / MINDSETS & BEHAVIORS** | | | |
| **Personal Social**  **PS:C1.8 Learn about the emotional and physical dangers or substance use and abuse**  **Mindsets & Behaviors**  **Demonstrate ability to delay immediate gratification for long-term rewards** | | | |
| **OBJECTIVES/ESSENTIAL QUESTION** | | **TERMINOLOGY** | |
| **Students will identify the dangers of substance abuse.** | | This will be student led based on video discussion/questions and comments. | |
| **INTRODUCTION TO LESSON** | | | |
| **Inform students that the class will be watching a movie and discussing the content afterward.** | | | |
| **CONTENT KNOWLEDGE | INSTRUCTIONAL DESIGN** | | | |
| **TEACHER ACTIONS** | | **STUDENT ACTIONS** | |
| Show students “The Boy Who Was Swallowed by the Drug Monster” | | Watch the movie | |
| Inform the students that the movie is a true story written by Vince’s mother. Lead a discussion.  -Why did Vince start using drugs in the first place?  -What things happened to Vince that would have never happened if he didn’t try drugs?  -How did the drugs change Vince? | | Verbally respond to discussion questions | |
| Allow for questions and comments. Reiterate that drugs change our priorities and connect that concept back to goal setting and wants. | | Ask questions and comment. | |
| Provide an internet resource that students may reference to find out more information should they feel uncomfortable asking a question in class. An example in the PBS kids website listed below. | |  | |
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| **CLOSURE|CHECK FOR UNDERSTANDING** | | | |
| Instruct students to write one or two sentences in response to the following question: What are some possible consequences of using substances such as drugs or alcohol. | | | |
| **AVID WICOR STRATEGIES UTILIZED** | | | |
| Inquiry- asking questions about substance abuse | | | |
| **RESOURCES** | | | |
| Link to movie: <https://www.youtube.com/watch?v=XaBMhAWW3d0>  Link to student-friendly website that provides further information on substances/substance abuse: <http://pbskids.org/itsmylife/body/drugabuse/> | | | |
| **DIFFERENTIATED INSTRUCTION** | | |
| 1.Providing the use of technology  2.Visual learners are supported by watching the video  3.Conducting a discussion/review for students with comprehension issues and students that need auditory reinforcement  4.Providing the PBS kids website to students who prefer individual self-directed learning, learning via the internet or information beyond the classroom discussion | | |
| **SUPPLEMENTAL LESSON AND RESOURCES** | | |
| Students can be directed to the PBS kids website listed above to find more information. | | |