

# Learning Styles Tips

## If you are a **VISUAL** learner:

- Organize your work space before starting to work or study.
- Draw charts, diagrams, pictures, graphs and maps on your notes.
- Photocopy important pages from your text, so that you are free to highlight or illustrate them.
- If you own the book, highlight the text and use the margins for notes.
- In textbooks or books that you are unable to markup, use sticky notes to interact with the text through visual representations or connections.
- Turn headings into questions and then read the text for the answers.
- Re-write or type notes in preparation for an assessment.
- Read ahead of the lesson in class as part of your study block the night before.
- Make flash cards of important concepts, dates, vocabulary words, etc.
- Hang pictures, charts and graphs related to your coursework in your work space.

## If you are an **AUDITORY** learner:

- Talk with other students about the topic whenever possible.
- Pay attention during class; you need to hear the lesson.
- Read aloud whenever possible.
- Have someone read to you, and then talk about the content.
- Make flash cards and read them out loud.
- Have some soft noise or soft music in the environment to engage your auditory senses.
- Record yourself reading, and then listen to yourself while studying.
- Create songs, poems or rhymes/raps to process important information.

## If you are a **KINESTHETIC** learner:

- Prepare your work space with plenty of tools: pens, pencils, erasers, index cards, highlighters, etc.
- Get comfortable when you study.
- Create summaries or outlines of the content.
- Interact and study with a Study Buddy whenever possible.
- Make flash cards and quiz yourself when you have spare moments.
- Take notes while you read instead of after you are done.
- Stand up and walk around.
- While you study, have a small manipulative in your free hand.