**COUNSELOR LESSON PLAN**

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| **Topic: Knowing Yourself (2 of 2)**  **Duration: 45 minutes**  **Grade Level**:**8** | | | | |
| **ASCA COUNSELING STANDARDS** | | |
| **Academic:**  **SC K**  **Standard B**  Complete school with the academic preparation essential to choose from a wide range of substantial postsecondary options, including college.  **Career:**  **Standard B**  **SC K12.1.12** Employ strategies to achieve future career goals with success and satisfaction  **Standard C**  **SC K-12.1.3** Understand the relationship between personal qualities, education, training, and the world of work  **Personal Social:**  **Standard A**  **SC K-12.1.4** Acquire the knowledge, attitudes, and interpersonal skills to help them understand and respect self and others  SC K-12.1.5 Make decisions, set goals, and take necessary action to achieve goals. | | |
| **OBJECTIVES/ESSENTIAL QUESTION** | **TERMINOLOGY** | |
| **Objective:** Students will identify careers based on the tasks performed by people in those careers.  **Essential Question:** How do my interests relate to different careers? | Commitment  Confidence  Courage  Creativity  Determination  Integrity | |
| **INTRODUCTION TO LESSON** | | |
| Introduce the six “success” traits. Write these words on the board: Commitment, Confidence, Courage, Creativity, Determination, Integrity. What do they mean? Why are they important? Help students define and discuss why they are important traits to exhibit at school and why they might be important traits on the job. Do students value these traits in themselves? Why or why not? Ask student to name historical figures or someone they know who have displayed one or more the traits. Inform students they will be doing research on their top career clusters using the Planning for the future research guide (attached). Ask students to look for ways the character traits will be important in their careers they are researching.  **Materials needed:** Pencil, laptop, internet, Planning for the future research prompt. | | |
| **CONTENT KNOWLEDGE | INSTRUCTIONAL DESIGN** | | |
| **TEACHER ACTIONS** | **STUDENT ACTIONS** | |
| The teacher will:  1. Guide the students to log back into the Azcis [www.azcis.intocareers.org](http://www.azcis.intocareers.org) web site.  2. Students should log in on the home page of the Azcis page by using the school username and password. Sierra’s username is sierrams, and password is 4azcis02 . From here students should go to create education career action plan. Then log in under existing users using the username and password they created during the previous lesson.  2. Have the students go to the results page of the career assessment click on one of the highest scoring career clusters and begin their research.  3. Remind the students to use the “Planning for the Future” as a prompt to guide their research.  4. Encourage students to watch video clips.  5. Walk around the classroom to monitor the use of the website and answer questions. | The Student will:  1. Become acquainted with Azcis  2. Set up a career portfolio  3. Revisit the results of the career interest inventory  4. Explore occupations and occupational clusters  5. Explore skills necessary  6. Practice decision-making  7. Develop an action plan and cursory career plan  8.Examine skills for success  9.Learn about classes in high school that could be useful in the career cluster  10. Examine annual salary  11. Watch video clips to get a better understanding of different careers. | |
| **CLOSURE|CHECK FOR UNDERSTANDING** | | |
| Think/ Pair/ Share:  Ask the students to think about which career cluster fits their interests most, and why. Have the students pair up with another student and share their answers. Have the students share with the class what their partner said. | | |
| **AVID WICOR STRATEGIES UTILIZED** | | |
| Writing: On the research prompt students are writing the facts they learned while researching the career clusters.  Reading: Students will use reading strategies while reading information under each career cluster.  Inquiry: The questions on the writing prompt are used to help guide the research. | | |
| **RESOURCES** | | |
| [www.azcis.intocareers.org](http://www.azcis.intocareers.org) | | |
| **DIFFERENTIATED INSTRUCTION** | |
| The teacher is modeling how to get into the web site and how get to each area of the website by projecting the lesson on an overhead.  Lesson is written out with step by step instructions on paper.  Peer teaching  Steps are read out loud | |
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**Planning for the Future**

**Research Guide**

1. Write five skills that you would need for the career cluster you scored the highest in.

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1. What activates or hobbies should you be involved in during middle and high school that could help you in the career you are researching? Write at least two.

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1. Write a list of five subjects you should study in college for the career you are researching.

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1. What level of education is required for the career you are most interested in?

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1. Write five skills you would need for the for the career cluster you scored second highest in.

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1. Write five skills you would need for a career in the career cluster you scored third highest in and what is the annual salary range for this career cluster?

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