**SAFE SEWING PLEDGES and CONTRACT**

**Teacher –Mrs. Robles--DVHS**

**SEWING MACHINE SAFETY**---I will…

1. Run the machine only when it is properly threaded and has fabric in place
2. Operate the machine only at a speed where I can stitch a straight line
3. Always keep my eyes on the seam guide (not the needle) when I sew
4. Keep my hands away from the needle while the machine is running
5. Handle the electric cord properly when connecting and disconnecting the machine
6. Make sure electric cord does not create a tripping hazard
7. “Lower” the presser foot – never “drop” it
8. Report all accidents and malfunctions to the teacher immediately

**PRESSING AND IRONING SAFETY**---I will…

1. Carefully raise and lower the ironing board
2. Set the iron’s temperature at the proper setting for my fabric
3. Rest the iron in an upright position when not in use
4. Never reach over a hot iron
5. Turn the iron off when I finish using it
6. Never point the steamer at anyone’s face or body (including my own)
7. Turn the steamer off when I finish using it

**PINS AND NEEDLES--** I will…

1. Never put pins or needles in my mouth or knowingly pierce any part of my body
2. Place all pins and needles in a pin cushion or in their container when not in use, never leave them laying loose in the lab
3. Never poke anyone with pins, needles, or any other sharp object

**SCISSORS AND SHEARS--** I will…

1. Carry them with the points down and blades closed
2. Hand them to others by holding the cutting edge together
3. Use dressmaker’s (fabric) shears only for cutting fabrics
4. Use scissors or shears to cut thread, never use my teeth to break the thread

**GENERAL SEWING LAB WORK ETHICS--** I will…

1. Always practice safe procedures
2. Always use equipment safely
3. Sit properly in my chair with all four chair legs on the floor
4. Never sit on tables, desk tops, or storage units
5. Never abuse or misuse the equipment or tools
6. Stay inside the room unless I have permission to leave it.

I UNDERSTAND THE ABOVE CONTRACT AND WILL DO MY BEST TO FOLLOW IT.

Signed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_

Printed Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_